



PARTICIPATION

The PE Department pride themselves on providing opportunities for students to take part in physical activity and sports outside of curriculum time. We feel it is important to encourage students to take part in co-curricular clubs, as it increases the amount of exercise they do and it inspires a passion for physical activity. We suggest students take part in at least two weekly co-curricular PE clubs, which will supplement their two weekly PE lessons.

Participation clubs take place predominantly at lunch time, although there are also clubs before and after school. Students are free to choose the clubs they wish to attend and are encouraged to arrive promptly so they are guaranteed entry. These clubs not only contribute to a student's active lifestyle, but also support them in developing their sporting, communication, teamwork and leadership skills.

There is no cost for taking part in our co-curricular clubs and all we ask is for students bring correct clothing for the specific activity.

Please see our PE Co-Curricular timetable for all the activities we have on offer.

