

Focus Area	Link
10 Tips to Help Get Your Child Organized	<a href="https://www.understood.org/en/learning-thinking-differences/understanding-childrens-challenges/simple-changes-at-home/10-tips-to-help-get-your-child-organized">https://www.understood.org/en/learning-thinking-differences/understanding-childrens-challenges/simple-changes-at-home/10-tips-to-help-get-your-child-organized</a>
Five ways to motivate your teen to study at home	<a href="https://www.bbc.co.uk/bitesize/articles/zbfrsk7">https://www.bbc.co.uk/bitesize/articles/zbfrsk7</a>
Can't sleep, won't sleep? Five ways to get your child's sleep back on track	<a href="https://www.bbc.co.uk/bitesize/articles/z3kbsk7">https://www.bbc.co.uk/bitesize/articles/z3kbsk7</a>
Revision: how to get organised	<a href="https://www.bbc.co.uk/bitesize/articles/z83cqhv">https://www.bbc.co.uk/bitesize/articles/z83cqhv</a>
Revision: timetables and planning	<a href="https://www.bbc.co.uk/bitesize/articles/zn3497h">https://www.bbc.co.uk/bitesize/articles/zn3497h</a>
Revision: how to stay motivated	<a href="https://www.bbc.co.uk/bitesize/articles/zq2hb82">https://www.bbc.co.uk/bitesize/articles/zq2hb82</a>
Revision: memory hacks and tips	<a href="https://www.bbc.co.uk/bitesize/articles/z6pv3k7">https://www.bbc.co.uk/bitesize/articles/z6pv3k7</a>
Revision: how to use past exam papers	<a href="https://www.bbc.co.uk/bitesize/articles/zx6nrwx">https://www.bbc.co.uk/bitesize/articles/zx6nrwx</a>
Revision: top revision tips	<a href="https://www.bbc.co.uk/bitesize/articles/zw8qpbk">https://www.bbc.co.uk/bitesize/articles/zw8qpbk</a>
Revision: how to keep calm	<a href="https://www.bbc.co.uk/bitesize/articles/zxtf4qt">https://www.bbc.co.uk/bitesize/articles/zxtf4qt</a>
Making Notes	<a href="https://www.understood.org/en/school-learning/learning-at-home/homework-study-skills/5-simple-strategies-for-note-taking">https://www.understood.org/en/school-learning/learning-at-home/homework-study-skills/5-simple-strategies-for-note-taking</a>
Making Notes 2	<a href="https://www.oxfordlearning.com/5-effective-note-taking-methods/">https://www.oxfordlearning.com/5-effective-note-taking-methods/</a>