



Personal Development - KS4 Curriculum Plan

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 10	<p>Relationships: Being respectful and safe in romantic relationships; consent, boundaries and communication; coercive control.</p> <p>Exploring influence: The influence and impact of drugs, gangs, role models and the media</p>	<p>Mental health Mental health and ill health, stigma, safeguarding health, including during periods of transition or change</p> <p>Addressing extremism and radicalisation: Communities, belonging and challenging extremism</p>	<p>Financial Education: The impact of financial decisions, debt, gambling and the impact of advertising on financial choices</p>	<p>Careers: Preparing for the workplace Application processes, and skills for further education, employment and career progression</p>	<p>Citizenship: Where power resides in the UK; local and national democracy.</p> <p>Relationships: Dangers of online spaces; sextortion; pornography and its impact on attitudes and behaviour; online harassment, stalking and abuse; misogynistic content and 'incel' culture</p>	<p>Study Skills: Preparing for success in exams</p> <p>Relationships: Rights and responsibilities of marriage and family life; legal status of marriage and civil partnership.</p>
Year 11	<p>Building for the future: Careers: Preparing for my next destination.</p> <p>Application processes, and skills for further education, employment and career progression.</p>	<p>Health and Wellbeing: Navigating the healthcare system and making health-related decisions; role of GPs, pharmacies, A&E; self-examination and screening; fertility and pregnancy choices; body image and mental health.</p>	<p>Health and Wellbeing: Mental health and wellbeing; common mental health conditions; seeking support and reducing stigma.</p>	<p>Financial Education: Protecting and preparing my financial future, student finance, buying and renting.</p> <p>Preparation for examinations: Revision strategies</p>	<p>Preparation for examinations: Revision strategies</p>	

