



Beal High School Newsletter—KS3

KS3 Newsletter – Summer Half Term Two

Dear KS3 Parent/Carer,

As we reach the end of another half term, there is much to celebrate. Attendance continues to place our school in the top 10% of schools nationally, whilst many students thrive academically and more widely across their sporting, cultural and super-curricular endeavours. Read more about the many exciting events taking place this term and well done to all children receiving awards for their efforts this year.

You can now follow our school on our new Facebook page—see <https://www.facebook.com/bealhighschool/>

Summer uniform ends this week so all students return to blazers, shirts and ties from the start of next term—see links for further information at [Uniform policy](#) and [Price & Buckland order information](#).

We return to school on Monday 7th September with the usual staggered start, with new year 7s in at 9.45am, year 8 at 11am and year 9 at 11.45am all in the ks3 hall.

We wish all students and their families a very happy summer holiday!

Mr MacLeod—Head of School KS3

Year 9 East London Science and Technology Competition





This event provided an excellent opportunity to develop teamwork, communication and problem-solving skills while gaining an insight into STEM at a higher level. The day was a fantastic success, with several of our students winning individual challenge awards for their outstanding performances.

Students were awarded plaques and certificates by the Deputy Mayor of Havering and local chancellor.

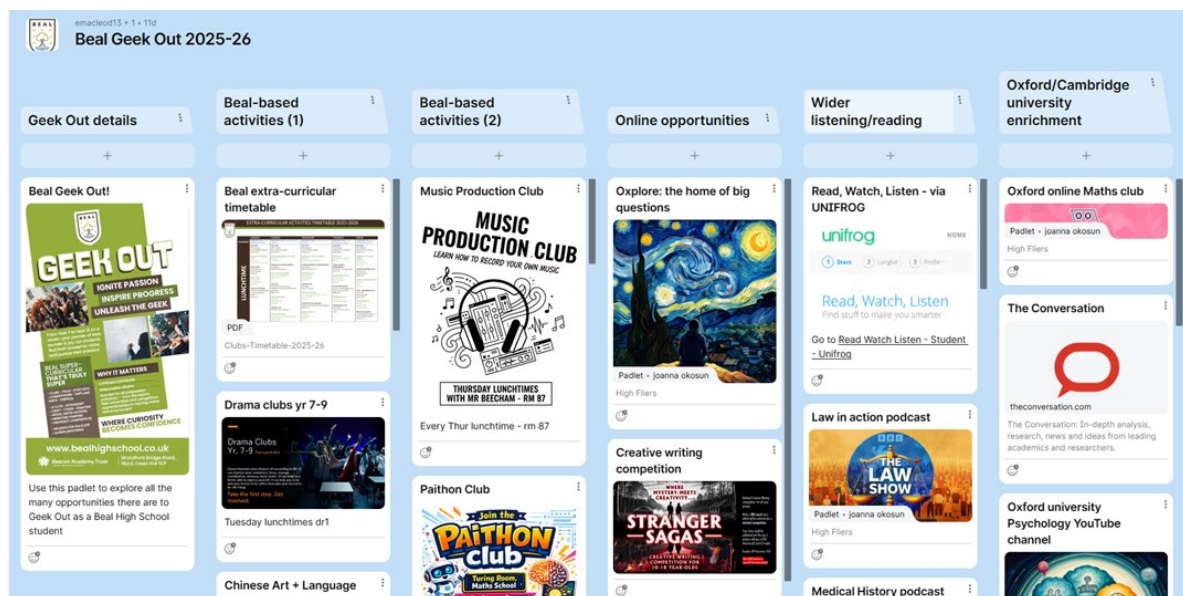




Geek Out Padlet

Do remember the *Geek Out Padlet* that your children can use to find super-curricular opportunities from across the school, online platforms, and real-world experiences. It is designed to help students explore learning beyond the classroom, develop intellectual curiosity, and discover subjects they genuinely enjoy, building confidence and depth of knowledge. The *Geek Out Padlet* can be accessed via the Enrichment section of the school website, linked here: [Beal Geek Out 2025-26](#)

Parents and carers - you can support this over the Summer break by discussing the opportunities on the Padlet with your child and encouraging them to try activities that spark genuine interest.



Assemblies

This half term, our assembly programme has focused on the theme of Leadership, encouraging students to think critically about the different ways they can lead themselves and others. Through Student Forum assemblies, students explored the importance of understanding and acting upon their own personal values as the foundation of effective leadership. They then considered how to prepare positively for the opportunities and challenges of the next academic year, developing strategies for coping with change and embracing new experiences. Finally, assemblies examined what it means to develop others through supportive leadership, while also reflecting on responsible decision-making, positive risk-taking and the impact that our actions have on those around us. Alongside these themes, students engaged with examples drawn from media and drama, helping them see how leadership, resilience and character are developed both in everyday life and through the wider world.





KS3 Participants in Beal High School Summer Concert



Our Summer Concert was a wonderful celebration of the talent, creativity and dedication of our students. Featuring outstanding performances from our KS3 choir, drama groups and a range of impressive solo and ensemble acts, the evening showcased the breadth of talent across the school.





Students performed with confidence, enthusiasm and professionalism, entertaining a packed audience and demonstrating the hard work they have invested throughout the year. Events like these embody the strong sense of community and school spirit that makes our school such a vibrant place, and we are incredibly proud of every student who took to the stage.





Year 5 Taster Days

It was wonderful to welcome 360 year 5 children from four local primary schools to take part in our taster mornings in June. They took part in a range of lessons such as Art, DT, Music, English, Maths, Geography and Food Tech to get a taste of secondary school life, and were able to hear from current students about transition to secondary school. Thanks to all students and teachers who took part!





Visits to local primaries

Our year 7 and 8 students also returned to their former primary schools to lead on assemblies about moving to secondary school—they spoke passionately and with confidence about their experience of secondary school and were excellent ambassadors for the school.





KS3 Sports Day

Last week saw three fantastic KS3 Sports Days, with Year 7 competing on Tuesday, Year 8 on Wednesday and Year 9 on Thursday. Across three action-packed days, students took part in a wide range of track and field events, demonstrating determination, resilience and teamwork. The atmosphere was exceptional, with forms creating colourful banners, cheering on their teammates and showing unwavering support throughout the competitions. Whether competing, officiating or encouraging from the sidelines, students embraced every opportunity to get involved, creating an incredible sense of school spirit. The enthusiasm and energy of our spectators helped make each day a memorable celebration of participation, achievement and community.

Year 8 form winners







KS3 Sports Day—Year 7

Year 7 Sports Days were a fantastic success, with students showing great enthusiasm, determination, and teamwork throughout every event. It was wonderful to see so many pupils encouraging their peers, celebrating each other's achievements, and giving their best effort. There was excellent engagement in all activities, combined with outstanding behaviour and sportsmanship, made the days enjoyable for everyone involved. Well done to all students for representing the Year group so positively.





Our winning form was 7HMD. Well done all!





Year 7

The honour roll is a Year 7 exclusive award for students who show positive behaviour and engagement at school. All students can be nominated by any member of staff both within and outside of lessons.

This half term, we have selected students who have received the most achievement points within the week.

WC 1st June: Ismail A 7MWA

WC 8th June: Rymma K 7PE

WC 15th June: Dharam T 7PE

WC 22nd June: Yianni V 7ZSH

WC 29th June: Maryam U 7MGU

WC 6th July: Ravi R 7PE

Achievement points

We celebrate achievements each week through our bulletin and assembly programme. Our students are working

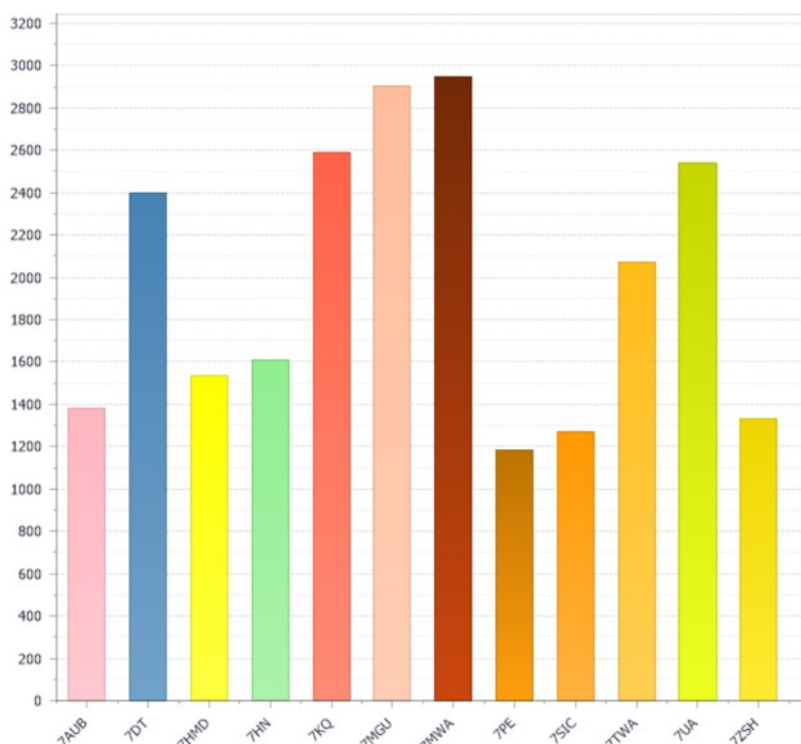
1st: 7MWA with 2948

2nd: 7MGU with 2903

3rd: 7KQ with 2592

4th: 7UA with 2537

5th: 7DT with 2399





Family Fun Day

Our recent Family Fun Day was a fantastic success, bringing our school community together while raising money for the Redbridge Foodbank. A special well done to our Year 7 students, who ran one of the games stalls with great enthusiasm, leadership, and creativity. They welcomed visitors with confidence, organised activities brilliantly, and helped create a fun and enjoyable atmosphere for everyone. We are incredibly proud of the positive contribution they made to such a worthwhile cause.





Year 7 and 8 Bring Puppets to Life

On Tuesday 16th June, Year 7 and 8 students enjoyed an exciting full-day puppetry workshop led by Rosa from the Little Angel Theatre. The day began with warm-up activities before students transformed old newspapers into moving puppets, bringing them to life with imaginative personalities.

In the afternoon, students had the opportunity to work with professional puppets from the Little Angel Theatre, developing teamwork, creativity and performance skills while creating their own scenes.

Students thoroughly enjoyed the experience, with one commenting, "It was an incredible and unique opportunity to learn how to puppeteer properly with friends from Years 7 and 8." Another added, "I didn't think it was possible to create a puppet from newspapers!"

The workshop was a fantastic opportunity for students to make new friends, develop their confidence and creativity, and represent the school with enthusiasm and pride. Well done to everyone who took part!





Year 7 trip to the Science Museum:

Across the 1st, 2nd and 3rd July, the Year 7 students explored a range of museum exhibits, taking part in guided tours and hands-on activities designed to bring their learning to life. Students worked in groups to complete trail sheets and quizzes, encouraging teamwork and close observation of the exhibits. The experience gave pupils a fantastic opportunity to engage with history outside the classroom, sparking curiosity and lively discussion throughout the trip.





Year 8 Interform Rounders



Our recent Year 8 Interform Rounders Competition brought together students from across the year group for an afternoon of friendly competition, teamwork and sporting excellence. Every match was played with enthusiasm, determination and excellent sportsmanship, with students demonstrating impressive batting, fielding and tactical awareness. The event was well supported by classmates, whose encouragement and enthusiasm created a fantastic atmosphere throughout. Congratulations to all of the teams who took part and to the winners for their outstanding performances.





Art Auction



Our Silent Art Auction was a wonderful showcase of the creativity and talent of our students. Seventeen original pieces of artwork, each created by our students, were auctioned during the Family Fun Day, giving visitors the opportunity to take home a unique piece while supporting the school's creative arts. The exhibition attracted plenty of interest throughout the day, celebrating the imagination, skill and hard work of our young artists. We are incredibly proud of everyone who contributed, and thank all those who placed bids and helped make the event such a success.





Murderous Maths—Year 8

Beal High School was delighted to welcome the AS Creatives team on Monday 8th June 2026 for a full day of high-energy, interactive Murderous Maths workshops with all of our Year 8 students. The sessions blended humour, storytelling and hands-on problem-solving to help students explore key mathematical ideas in a memorable and engaging way.

Throughout the day, students worked through a rich variety of mathematical themes appropriate to their age and stage, including:

Positional language – understanding direction, movement and spatial relationships

Properties of 2D and 3D shapes – identifying, comparing and reasoning about geometric structures

Additive and multiplicative reasoning – exploring how numbers combine, scale and relate

Fractions – deepening confidence with part-whole relationships

Number patterns – spotting structure, sequences and rules

Time – applying time calculations to real-world contexts

Multi-stage problem solving – breaking down complex tasks into logical steps

Money – reasoning with value, budgeting and financial decisions

Data collection – gathering, organising and interpreting information

The AS Creatives team brought these ideas to life through puzzles, demonstrations and challenges that encouraged students to think creatively and collaboratively. Year 8 engaged brilliantly, showing curiosity, resilience and enthusiasm as they tackled each activity.

The day not only strengthened students' mathematical understanding but also highlighted the fun, relevance and excitement of the subject both in and out of the curriculum. We look forward to welcoming AS Creatives back to Beal High School in the future.







Year 9 Awards Afternoon



This year saw the launch of our inaugural **Year 9 Awards Afternoon**, a wonderful celebration of the achievements, character and contributions of our students as they prepare to begin Key Stage 4.

More than 30 students were recognised for their outstanding accomplishments across a wide range of categories, while leadership ties and prizes were presented to those who have demonstrated their excellence, commitment and dedication. The ceremony was enriched by a beautiful musical performance from Lux P, alongside inspiring speeches from former Head Boy Kerem M and our outgoing Head Girl, Aysha, who encouraged students to embrace the opportunities ahead.

Although the summer heat made for a very warm hall, it did nothing to dampen the atmosphere, with the afternoon filled with smiles, applause and a genuine sense of pride as students celebrated one another's success.





Jaspreet Kaur Visit



We were delighted to welcome back former student Jaspreet Kaur—an accomplished poet, writer and speaker—to inspire our Year 9 students. In a thought-provoking assembly, Jaspreet encouraged students to make the most of every opportunity available to them, sharing her own journey from sitting in the very same classrooms to building a successful creative career.

Jaspreet then led an engaging workshop during Year 9 English lessons, guiding students through the process of developing and refining their ideas as writers. Her energy, honesty and passion for storytelling made a lasting impression, reminding students that success begins with curiosity, perseverance and the confidence to pursue their ambitions. It was a privilege to welcome one of our alumni back to school to inspire our students!





FREE SCHOOL MEALS UPDATE



London Borough of Redbridge



IMPORTANT CHANGES FOR FAMILIES

From the start of the 2026 to 2027 academic year, Free School Meal eligibility is expanding to all children from households in receipt of Universal Credit regardless of household earnings.

All children in reception or Years 1 or 2 are entitled to universal free school meals.

From September 2026, children attending a full-time state-funded nursery class, as well as children in Year 3 and above, will be eligible for free school meals if they live in a household receiving Universal Credit.

All children in receipt of free school meals will now be rechecked annually. You may be required to provide further information to your school on request.



To Qualify

To qualify for free school meals, you must get one of the following benefits:

- Universal Credit
- Asylum seeker support (Part VI of the Immigration and Asylum Act 1999)

Households may also be entitled to a meal if they:

- are in receipt of New Style Income-related Employment and Support Allowance
- receive the guaranteed element of Pension Credit
- meet criteria set out in separate guidance for families with No Recourse to Public Funds

Children aged between 16 and 18 who are getting Universal Credit in their own name can also get free school meals.

If your child is in Reception, Year 1 or Year 2, you should still let the school know if you get any of the qualifying benefits, as the school can get extra funding called pupil premium. This supports the education of your child.



How to apply

Contact your school, where you will be asked for the following information:

- Your National Insurance number
- Your surname
- Your date of birth
- Asylum seekers documentation (if applicable)

Your school will then check eligibility.

What happens next

Once checked your school will confirm if you are eligible and when your child's free school meals will start.

Other help you can get

- your child may be able to get help with travel costs
- you may be able to get support with a Council Tax Reduction
- cost of living advice



FIND OUT MORE

For more information on who can get free school meals see GOV.UK visit www.redbridge.gov.uk search Free School Meals or scan the QR code



Free School Meals – Important Changes: From September 2026, Free School Meal eligibility is expanding to all children from households in receipt of Universal Credit, regardless of household earnings. If your household receives Universal Credit and your child does not currently receive free school meals, please contact us at admin@bealhighschool.co.uk so we can check your eligibility this also brings additional pupil premium funding that directly supports your child. Please see the flyer above from the London Borough of Redbridge for full details of who qualifies and how to apply.





Revised statutory guidance from the Department for Education (DfE) about Relationships and Sex Education (RSE) Policy:

In July 2025, the Department for Education published updated statutory guidance on Relationships Education, Relationships and Sex Education (RSE) and Health Education. The new guidance comes into effect on **1 September 2026** and is [here](#).

To ensure our curriculum long term plans match these national updates, we have conducted our statutory review of the BMAT RSE Policy. As a Trust, our schools proactively keep up to date with modern safeguarding trends, and we know our active curriculum and the support we provide our students already fully meet all the new requirements. Our approach is unchanged as we continue to deliver RSE through the Personal Development and the Science curriculum, taught by staff who know your children. The updated BMAT RSE Policy is available to view on our websites and a link is [here](#).



AGES 4-16 **REDBRIDGE SUMMER HAF CLUBS** **July 27th - 20th Aug 2026**

DON'T BE BORED THIS HOLIDAY...

ENJOY:

- NEW SPORTS** ☒
- FREE FOOD** ☒
- NEW FRIENDS** ☒
- FREE TRIPS** ☒

ARE YOU IN RECEPTION-YEAR 11 AND GET FSM AT SCHOOL?
SIGN UP TO OUR FREE HOLIDAY CLUBS FILLED WITH FUN ACTIVITIES LIKE DJ'ING, GAMING, COOKING SESSIONS AND ARTS & DESIGN!

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FOR MORE INFORMATION CONTACT:
HAF@REDBRIDGE.GOV.UK OR VISIT
FIND.REDBRIDGE.GOV.UK/HAF

Best Start in Life Department for Education London Borough of Redbridge

