



PHYSICAL EDUCATION

Long Term Plan for KS3 Curriculum (boys & girls)

Years 7 - 9	Term 1 Net/Wall Games HT1 Invasion Games HT2	Term 2 Performing at Maximal Level HT3 Invasion Games HT4	Term 3 Striking and Fielding HT5 Net/Wall Games HT6	
Key Stage 3	• Football • Netball • Basketball • Table Tennis • Badminton • Short Tennis • Volleyball • Pickleball	• Fitness • Indoor Athletics • Football • Handball	• Cricket • Rounders • Athletics • Short Tennis • Badminton • Volleyball	All students will study every activity on a carousel basis. There will also be a practical assessment every 6 weeks and a written assessment at the end of every term.

Intent

- Pupils to experience a variety of team and individual sports
- Pupils to develop a competitive nature
- Develop a healthy lifestyle
- Develop teamwork skills
- Build confidence
- Initiate/Further a value for sport and exercise ethos
- Begin to develop a knowledge of the theory behind sport in preparation for KS4 exam course
- Talent spot students to represent school teams
- Enable development of an interest in physical activity for lifelong participation
- Increasing level of technical difficulty spiralling from Year 7 – Year 9