



PERSONAL DEVELOPMENT KS4 Curriculum Plan

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 10	Relationships: Being respectful and safe in romantic relationships; consent, boundaries and communication; coercive control. Exploring influence: The influence and impact of drugs, gangs, role models and the media	Mental health Mental health and ill health, stigma, safeguarding health, including during periods of transition or change Addressing extremism and radicalisation: Communities, belonging and challenging extremism	Careers: Preparing for the workplace Application processes, and skills for further education, employment and career progression	Relationships: Respecting; protected characteristics; challenging stereotypes and prejudice; sex and gender Financial Education: The impact of financial decisions, debt, gambling and the impact of advertising on financial choices	Citizenship: Where power resides in the UK; local and national democracy. Relationships: Dangers of online spaces; sextortion; pornography and its impact on attitudes and behaviour; online harassment, stalking and abuse; misogynistic content and 'incel' culture	Study Skills: Preparing for success in exams Relationships: Rights and responsibilities of marriage and family life; legal status of marriage and civil partnership.
Year 11	Building for the future: Careers: Preparing for my next destination. Application processes, and skills for further education, employment and career progression.	Health and Wellbeing: Navigating the healthcare system and making health-related decisions; role of GPs, pharmacies, A&E; self-examination and screening; fertility and pregnancy choices;	Health and Wellbeing: Mental health and wellbeing; common mental health conditions; seeking support and reducing stigma, body image and mental health.	Financial Education: Protecting and preparing my financial future, student finance, buying and renting. Preparation for examinations: Revision strategies	Preparation for examinations: Revision strategies	