

Allergen Information

Anchor Catering · sandwiches, wraps, paninis, salads and pots

Beacon Multi Academy Trust · Beal High School · The Forest Academy · Beacon Business Innovation Hub

Information correct as at 6 September 2026

Sheet 1 of 4

Ask a member of catering staff if you are unsure about anything you eat

		01 Cereals containing gluten	02 Crustaceans	03 Eggs	04 Fish	05 Peanuts	06 Soya	07 Milk	08 Tree nuts	09 Celery	10 Mustard	11 Sesame	12 Sulphur dioxide / sulphites	13 Lupin	14 Molluscs
CODE	PRODUCT														
GLUTEN FREE RANGE															
13225115135	Gluten Free Bacon, Lettuce & Tomato	•	•	✓	•	•	•	✓	•	•	✓	•	•	•	•
11225131360	Gluten Free Brie Cheese, Red Onion Chutney Sandwich	•	•	✓	•	•	•	✓	•	•	•	•	✓	•	•
13229363395	Gluten Free Chicken, Fajita Tortilla	•	•	✓	•	•	•	✓	•	•	✓	•	•	•	•
11229209204	Gluten Free Falafel, Houmous Tortilla	?	•	•	•	•	•	•	•	•	•	✓	•	•	•
12229196171	Gluten Free Tuna Mayonnaise, Sweetcorn Tortilla	•	•	✓	✓	•	•	✓	•	•	✓	•	✓	•	•
HOT: PANINIS, TOASTIES & HOT WRAPS															
11120131410	Cheese, Brie, Avocado & Tomato Tortilla (hot)	✓	•	•	•	•	•	✓	•	•	•	•	•	•	•
11143133407	Cheese, Cheddar, Pizza Sauce Panini	✓	•	•	•	•	•	✓	•	•	•	•	•	•	•
11143536412	Cheese, Monterey Jack, Egg, Roast Peppers & Tomato Panini	✓	•	✓	•	•	•	✓	•	•	•	•	•	•	•
11120139411	Cheese, Mozzarella, Roasted Peppers & Tomato Tortilla (hot)	✓	•	•	•	•	•	✓	•	•	•	•	•	•	•
11143139409	Cheese, Mozzarella, Tomato & Pesto Panini	✓	•	•	•	•	•	✓	•	•	•	•	•	•	•
13120537402	Chicken, BBQ Southern Fried, Monterey Jack Cheese Tortill...	✓	•	•	•	•	✓	•	•	✓	✓	•	•	•	•
13174147329	Chicken, Bacon & Cheese Panini	✓	•	•	•	•	•	✓	•	•	•	•	•	•	•
13203363367	Chicken, Fajita Panini	✓	•	✓	•	•	✓	✓	•	•	✓	•	•	•	•
13143147408	Chicken, Pesto & Roasted Peppers Panini	✓	•	•	•	•	•	✓	•	•	•	•	•	•	•
13143497367	Hunter's Chicken on Panini	✓	•	•	•	•	✓	✓	•	•	✓	•	•	•	•
11110133367	Mature Cheddar Cheese Toastie	✓	•	•	•	•	✓	✓	•	•	•	•	•	•	•
11209460180	Mature Cheddar Cheese, Tomato Toastie	✓	•	•	•	•	•	✓	•	•	•	•	•	•	•
13143535406	Meatballs, Cheese & Pizza Sauce Panini	✓	•	✓	•	•	•	✓	•	•	•	•	•	•	•
13120535402	Meatballs, Monterey Jack Cheese Tortilla (hot)	✓	•	✓	•	•	•	•	•	•	•	•	•	•	•
12143532176	Mediterranean Tuna, Mozzarella Panini	✓	•	•	✓	•	•	✓	•	•	•	•	•	•	•
13143499367	Pepperoni Pizza, Panini	✓	•	•	•	•	•	✓	•	•	•	•	•	•	•
12194192390	Salmon, Smoked, Creme Fraiche Lemon&Chives on Malted ...	✓	•	✓	✓	•	•	✓	•	•	✓	•	•	•	•
12209365177	Tuna, Cheddar Cheese Toastie	✓	•	•	✓	•	✓	✓	•	•	•	•	•	•	•
13209459306	Wiltshire Ham, Mature Cheddar Toastie	✓	•	•	•	•	✓	✓	•	•	•	•	•	•	•
13203459176	Wiltshire Ham, Mozzarella Panini	✓	•	•	•	•	•	✓	•	•	•	•	•	•	•
WRAPS & KHOBEZ															
13120147226	Chicken, Cajun Tortilla	✓	•	✓	•	•	•	•	•	•	✓	•	•	•	•
13145147335	Chicken, Jalapeno Peppers Khobez Bread	✓	•	•	•	•	•	✓	•	•	•	•	•	•	•
13120480367	Chicken, Sweet Chilli Tortilla	✓	•	✓	•	•	•	•	•	•	✓	•	•	•	•
11145209204	Falafel and Houmous Khobez Bread	✓	•	•	•	•	•	•	•	•	•	✓	•	•	•
11120159331	Houmous, Sunsweet Tomato Tortilla	✓	•	•	•	•	•	•	•	•	•	✓	✓	•	•

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Source: Anchor Catering Ltd allergen & nutrient matrix, September 2026
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Sheet 2 of 4

Ask a member of catering staff if you are unsure about anything you eat

		01 Cereals containing gluten	02 Crustaceans	03 Eggs	04 Fish	05 Peanuts	06 Soya	07 Milk	08 Tree nuts	09 Celery	10 Mustard	11 Sesame	12 Sulphur dioxide / sulphites	13 Lupin	14 Molluscs
CODE	PRODUCT														
13145455358	Meatballs & Chicken, Mixed Pepper Khobez Bread	✓	•	✓	•	•	•	•	•	•	•	•	•	•	•
12120365304	Mediterranean Tuna Tortilla	✓	•	✓	✓	•	•	•	•	•	✓	•	✓	•	•
11120421199	Mexican Vegetarian Tortilla	✓	•	✓	•	•	•	✓	•	•	✓	•	•	•	•
11145358365	Onion Bhaji, Mint Dressing Khobez Bread	✓	•	•	•	•	•	✓	•	•	•	•	✓	•	•
13120416199	Peking Duck Tortilla	✓	•	•	•	•	✓	•	•	•	•	✓	•	•	•
13120415334	Southern Fried Chicken, Garlic Mayo Tortilla	✓	•	✓	•	•	✓	•	•	✓	✓	•	•	•	•
BLOOMERS															
11194534404	Avocado & Tapenade, Red Pepper & Spinach on Malted Blo...	✓	•	•	•	•	•	✓	•	•	•	•	•	•	•
13117400374	Big Breakfast on White Bloomer	✓	•	✓	•	•	✓	✓	•	•	✓	•	•	•	•
13117398110	Chicken, Roast, Bacon, Avocado on White Bloomer	✓	•	✓	•	•	✓	✓	•	•	✓	•	✓	•	•
11194354374	Mature Cheddar Ploughman's on Malted Bloomer	✓	•	✓	•	•	•	✓	•	•	✓	•	✓	•	•
12117532374	Mediterranean Tuna on White Bloomer	✓	•	✓	✓	•	✓	✓	•	•	✓	•	✓	•	•
13194275413	New York Deli Pastrami & Monterey Jack on Malted Bloomer	✓	•	✓	•	•	✓	✓	•	✓	✓	•	•	•	•
11194533374	Veggie New Yorker on Malted Bloomer	✓	•	✓	•	•	•	✓	•	•	✓	•	✓	•	•
13117459166	Wiltshire Ham, Salad on White Bloomer	✓	•	•	•	•	✓	✓	•	•	•	•	•	•	•
ROLLS, SUBS & BAGUETTES															
13216115135	Bacon, Lettuce & Tomato Small Sub Roll Malted	✓	•	✓	•	•	✓	✓	•	•	✓	✓	•	•	•
11135131212	Cheese, Brie, Tomato & Basil Sub Roll Malted	✓	•	•	•	•	✓	✓	•	•	•	✓	•	•	•
11197293374	Cheese, Cheddar & Tomato Wholemeal Roll	✓	•	•	•	•	•	✓	•	•	•	•	•	•	•
11114133199	Cheese, Cheddar, White Soft Roll	✓	•	•	•	•	•	✓	•	•	•	•	•	•	•
11226139180	Cheese, Mozzarella, Tomato Baguette	✓	•	•	•	•	✓	✓	•	•	•	✓	•	•	•
13121207199	Chicken, Caesar & Mixed Leaf Lettuce Baguette	✓	•	✓	✓	•	✓	✓	•	•	✓	✓	•	•	•
13114141393	Chicken, Coronation, White Soft Roll	✓	•	✓	•	•	•	✓	•	•	✓	•	•	•	•
13121147141	Chicken, Mayonnaise & Bacon on Baguette	✓	•	✓	•	•	✓	•	•	•	✓	✓	✓	•	•
13114147145	Chicken, Mayonnaise & Sweetcorn White Soft Roll	✓	•	✓	•	•	•	✓	•	•	✓	•	✓	•	•
13216351164	Chicken, Roast, Beetroot Pickle Sub Roll Malted	✓	•	•	•	•	✓	✓	•	•	•	✓	✓	•	•
13226136151	Classic Ham & Egg, Mustard Mayonnaise Baguette	✓	•	✓	•	•	✓	✓	•	•	✓	✓	•	•	•
11226410405	Free Range Chunky Egg Mayonnaise, Roasted Tomatoes B...	✓	•	✓	•	•	✓	✓	•	•	✓	•	•	•	•
11197150140	Free Range Egg Mayonnaise Wholemeal Roll	✓	•	✓	•	•	•	✓	•	•	✓	•	•	•	•
11226460121	Mature Cheddar Cheese, Coleslaw Baguette	✓	•	✓	•	•	✓	✓	•	•	✓	✓	•	•	•
11135460180	Mature Cheddar Cheese, Tomato Sub Roll Malted	✓	•	•	•	•	✓	✓	•	•	•	✓	•	•	•
12135532374	Mediterranean Tuna, Sub Roll Malted	✓	•	✓	✓	•	✓	✓	•	•	✓	✓	•	•	•
13135415377	Southern Fried Chicken, BBQ Sauce Sub Roll Malted	✓	•	•	•	•	✓	•	•	✓	✓	✓	•	•	•

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Ask a member of catering staff if you are unsure about anything you eat

		01 Cereals containing gluten	02 Crustaceans	03 Eggs	04 Fish	05 Peanuts	06 Soya	07 Milk	08 Tree nuts	09 Celery	10 Mustard	11 Sesame	12 Sulphur dioxide / sulphites	13 Lupin	14 Molluscs
CODE	PRODUCT														
12121196171	Tuna Mayo, Sweetcorn on Baguette	✓	•	✓	✓	•	✓	•	•	•	✓	•	✓	•	•
12197196125	Tuna Mayonnaise, Cucumber Wholemeal Roll	✓	•	✓	✓	•	•	✓	•	•	✓	•	✓	•	•
13135459177	Wiltshire Ham, Cheddar Cheese Sub Roll Malted	✓	•	•	•	•	✓	✓	•	•	•	✓	•	•	•
13197459177	Wiltshire Ham, Cheddar Cheese Wholemeal Roll	✓	•	•	•	•	•	✓	•	•	•	•	•	•	•
13216486376	Wiltshire Ham, Emmental, Fruit Chutney Sub Roll Malted	✓	•	•	•	•	✓	✓	•	•	•	✓	✓	•	•
13114155199	Wiltshire Ham, White Soft Roll	✓	•	•	•	•	•	✓	•	•	•	•	•	•	•
POPPY PLAITS															
13152207112	Chicken, Caesar & Bacon Poppy Plait	✓	•	✓	•	•	✓	✓	•	•	•	•	•	•	•
13152258332	Chicken, Mayonnaise & Ham Poppy Plait	✓	•	✓	•	•	✓	•	•	•	✓	•	✓	•	•
11152133306	Mature Cheddar Cheese, Tomato Poppy Plait	✓	•	✓	•	•	✓	✓	•	•	•	•	•	•	•
12152196125	Tuna Mayonnaise, Cucumber Poppy Plait	✓	•	✓	✓	•	✓	•	•	•	✓	•	•	•	•
13152459381	Wiltshire Ham, Chunky Egg Mayo Poppy Plait	✓	•	✓	•	•	✓	•	•	•	✓	•	•	•	•
SANDWICHES															
12188182401	Atlantic Prawns, Citrus Mayo & Lettuce on Oatmeal Bread	✓	✓	✓	✓	•	✓	✓	•	•	✓	•	✓	•	•
13110120161	Beef, Corned, Pickle on White Bread	✓	•	•	•	•	✓	✓	•	•	•	•	✓	•	•
13111100134	Beef, Roast, Lettuce & Mustard Mayo on Wholemeal Bread	✓	•	✓	•	•	✓	✓	•	•	✓	•	•	•	•
11111133351	Cheddar, Red Leicester, Red Onion Chutney on Wholemeal ...	✓	•	•	•	•	✓	✓	•	•	•	•	✓	•	•
11154131360	Cheese, Brie, Red Onion Chutney on Malted Bread	✓	•	•	•	•	✓	✓	•	•	•	•	✓	•	•
11195133180	Cheese, Cheddar, Tomato on Malted Bread	✓	•	•	•	•	✓	✓	•	•	•	•	•	•	•
11110133199	Cheese, Cheddar, White Bread	✓	•	•	•	•	✓	✓	•	•	•	•	•	•	•
11111135376	Cheese, Cream, Fruit Chutney on Wholemeal Bread	✓	•	•	•	•	✓	✓	•	•	•	•	✓	•	•
11110226221	Cheese, Grated Cheddar & Red Leicester, Onion & Mayo on...	✓	•	✓	•	•	✓	✓	•	•	✓	•	•	•	•
13154141374	Chicken, Coronation, on Malted Bread	✓	•	✓	•	•	✓	✓	•	•	✓	•	•	•	•
13110529166	Chicken, Mayo, Tarragon Salad on White Bread	✓	•	✓	•	•	✓	✓	•	•	✓	•	✓	•	•
13154258112	Chicken, Mayonnaise & Bacon on Malted Bread	✓	•	✓	•	•	✓	✓	•	•	✓	•	✓	•	•
13110147145	Chicken, Mayonnaise & Sweetcorn on White Bread	✓	•	✓	•	•	✓	✓	•	•	✓	•	✓	•	•
13111147199	Chicken, Roast on Wholemeal Bread	✓	•	•	•	•	✓	✓	•	•	•	•	✓	•	•
13154465110	Chicken, Roast, Avocado Salad on Malted Bread	✓	•	✓	•	•	✓	✓	•	•	✓	•	✓	•	•
13165465313	Chicken, Roast, Sage & Onion Stuffing on White Bread	✓	•	✓	•	•	✓	✓	•	•	✓	•	✓	•	•
13110146315	Chicken, Tikka, Cucumber & Mint on White Bread	✓	•	✓	•	•	✓	✓	•	•	✓	•	✓	•	•
13188350199	Classic BLT, on Oatmeal Bread	✓	•	✓	•	•	✓	✓	•	•	✓	•	•	•	•
12154352287	Crayfish Lemon Mayo, Rocket on Malted Bread	✓	✓	✓	✓	•	✓	✓	•	•	✓	•	✓	•	•
11195150141	Free Range Egg Mayonnaise & Bacon on Malted Bread	✓	•	✓	•	•	✓	✓	•	•	✓	•	•	•	•

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11111150142	Free Range Egg Mayonnaise & Cress on Wholemeal Bread	✓	•	✓	•	•	✓	✓	•	•	✓	•	•	•	•
11154159361	Houmous, Chickpeas on Malted Bread	✓	•	•	•	•	✓	•	•	•	•	✓	•	•	•
11154468365	Onion Bhaji, Mint Dressing on Malted Bread	✓	•	•	•	•	✓	✓	•	•	•	•	•	•	•
11111482245	Sweet Potato,Falafel, Spinach on Wholemeal Bread	✓	•	•	•	•	✓	•	•	•	•	•	✓	•	•
12111196125	Tuna Mayonnaise, Cucumber on Wholemeal Bread	✓	•	✓	✓	•	✓	✓	•	•	✓	•	✓	•	•
12110196171	Tuna Mayonnaise, Sweetcorn on White Bread	✓	•	✓	✓	•	✓	✓	•	•	✓	•	✓	•	•
12154365140	Tuna, Mayonnaise on Malted Bread	✓	•	✓	✓	•	✓	✓	•	•	✓	•	•	•	•
13111197122	Turkey, Cranberry Sauce on Wholemeal Bread	✓	•	•	•	•	✓	✓	•	•	•	•	•	•	•
11154500384	Wensleydale Cheese, Real Ale Chutney on Malted Bread	✓	•	•	•	•	✓	✓	•	•	•	•	✓	•	•
13188178356	Wiltshire Ham, Cheddar Cheese on Oatmeal Bread	✓	•	•	•	•	✓	✓	•	•	•	•	•	•	•
13110155151	Wiltshire Ham, Mustard Mayo on White Bread	✓	•	✓	•	•	✓	✓	•	•	✓	•	•	•	•
13111155199	Wiltshire Ham, Wholemeal Bread	✓	•	•	•	•	✓	✓	•	•	•	•	•	•	•
SALADS & PASTA SALADS															
81180523367	Caesar Salad	✓	•	✓	✓	•	✓	✓	•	•	•	•	•	•	•
83180524396	Chicken, Chilli Lime, Couscous Salad	✓	•	•	•	•	✓	•	•	✓	✓	✓	✓	•	•
83180258112	Chicken, Mayonnaise & Bacon Pasta Salad	✓	•	✓	•	•	•	•	•	•	✓	•	•	•	•
81180153199	Chicken, Pesto Pasta Salad	✓	•	•	•	•	•	✓	•	•	•	•	✓	•	•
81173238199	Fruit Salad	•	•	•	•	•	•	•	•	•	•	•	•	•	•
81180542318	Olive Capers & Spinach, Pasta Salads	✓	•	•	•	•	•	•	•	•	✓	•	•	•	•
81180250229	Pasta Salad With Feta Cheese, SunBlush Tomato	✓	•	•	•	•	•	✓	•	•	•	•	✓	•	•
82180521387	Prawn Layered Pasta Salad	✓	✓	✓	•	•	•	•	•	•	✓	•	•	•	•
82180365394	Tuna, Nicoise Salad	✓	•	✓	✓	•	•	•	•	•	✓	•	•	•	•
82180196171	Tuna, Sweetcorn, Pasta Salad	✓	•	✓	✓	•	•	•	•	•	✓	•	•	•	•
83180459121	Wiltshire Ham, Coleslaw Salad	•	•	✓	•	•	•	•	•	•	✓	•	•	•	•
POTS, DIPS & DESSERTS															
81171525204	Carrots with Houmous Dip	•	•	•	•	•	•	•	•	•	•	✓	•	•	•
81180541245	Free Range Egg & Spinach Protein Pot	•	•	✓	•	•	•	•	•	•	•	•	•	•	•
82171182322	King Prawn, Sweet Chilli Dip	•	✓	•	•	•	•	•	•	•	•	•	•	•	•
83180485334	Southern Fried Chicken, Garlic Mayo Protein Pot	✓	•	✓	•	•	✓	•	•	✓	✓	•	•	•	•
81173433199	Summer Fruit Crunch Yogurt	✓	•	•	•	•	•	✓	•	•	•	•	•	•	•

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